

## Communicable Disease Information

Please notify the school if your child appears to have any of these diseases, and confirm the diagnosis with your health care provider.

| DISEASE   | EARLY SYMPTOMS   | TIME FROM EXPOSURE TO ILL PERSON UNTIL SYMPTOMS BEGIN                             | SCHOOL ATTENDANCE   |
|---|--|---|---|
| Chicken Pox   | Slight fever, general feeling of illness, fluid filled rash, scabs or crusts appearing after 3-4 days.   | 2-3 weeks   | May return to school 7 days from appearance of rash or until all crusts are dry.  |
| Streptococcal Infections  | <b>Strep Throat</b> – Fever, sore throat, headache, swollen glands, sometimes nausea, vomiting<br><b>Scarlet fever</b> - fine raised rash on whole body  | 2-5 days  | May return to school 24 hours after the start of antibiotics  |
| Pink Eye (Conjunctivitis)   | Bacterial infection: redness, itching, pain of eyes with crusting of eyelids in morning and white or yellow eye discharge (pus).   | 1-12 days   | May return to school after seen by healthcare provider and after antibiotic treatment is started. No exclusion from school for red eyes caused by virus or allergy.   |
| Impetigo  | Sores on the skin with golden-yellow (honey-colored) discharge around mouth, nose, on legs or arms.  | 1-10 days   | May return to school 24 hours after antibiotic treatment (ointment or pills) and sores are drying.  |
| Head Lice (Pediculosis)   | Excessive itching of scalp, presence of lice in hair.  | 7-10 days for eggs to hatch   | May return to school after treatment with a lice killing product & no live lice.  |
| Pertussis (Whooping cough)  | See your health care provider if cough lasts longer than 1 week, coughing spells sometimes ending in vomiting or a high-pitched whooping sound.  | 6-20 days   | Return to school after 5 days of treatment with antibiotics.  |
| Ringworm (Fungal infection – not a worm)  | <b>Body</b> – flat spreading ring-shaped area of redness on skin, as the ringworm spreads, the center becomes clear.<br><b>Scalp</b> – scaly patch on scalp, may be itchy red, and with pus. Infected hairs break off.<br><b>Feet</b> – athlete’s foot –itchy blisters or cracking of skin between toes. | <b>Body</b> 4-10 days<br><br><b>Scalp</b> 10-14 days<br><br><b>Feet</b> - unknown | <b>Body &amp; Scalp</b> – Return to school 24 hours after treatment is started. May cover small lesions until treatment started.<br><b>Feet</b> – treat and cover, no exclusion except from contact sports until 24 hours of treatment completed. |
| Hepatitis B<br>German Measles (Rubella)<br>Measles (Rubeola)<br>Mumps<br>Tuberculosis | Parents / Guardians: Inform your school health office and ask that the District Nurse be notified if your child has any of these illnesses.  |   |   |