



September 21, 2017

"And as for you brothers and sisters, never tire of doing what is good." 2 Thessalonians 3:13

Do what is right, not what is easy.

Dear Parents and Guardians,

Inspirational letters written by students arrived in alumni homes last week asking for a donation to the Marathon. Each of us plays a part in raising funds for the school, and our first fundraiser is the **Marathon on Saturday, October 7**. This is a fun event and great community builder! Consider pre-purchasing breakfast that morning for \$5.00 per person. See the back of this letter. Students may ask for sponsorships after the three Masses this weekend.

- Please remember we have **Virtus Training this Saturday, September 23**, 9-Noon, in the church Fellowship Hall. We want to train as many volunteers as possible – we need your help!
- We do need you to return the **Agreement Form for the Parent-Student Handbook** that was sent home last week for K-Grade 8. Preschool parents need to return the forms from their handbook as well. **Before we pass out Chrome Books to Grades 7-8, we need the Agreement Form.**
- **Picture Day is soon- Monday, September 25**. Students may be out of uniform that day, dressed appropriately. If your preschool child does not attend on Mondays, they may come in that morning for a photo or wait for Retake Day on Thursday, November 2.
- We have already collected **\$160.00 for the hurricane victims**-thank you!
- **PreciouStatus is back!** You don't want to miss this chance to have teachers send you photos and reminders. Questions? Please ask Mary Beth Pfeifer for guidance on this app.
- **Campbell's Labels for Education** will continue to be collected through December.
- **Grandparent's Day is Thursday, October 5!** We are excited to have you attend, and need your RSVP so we can plan for refreshments. Thanks for your help with this. See the enclosed flyer.
- Please order your **lunches for October** by Monday, September 25th.

This Friday evening our Chorus students will join students from other Catholic schools to sing at the Night of Light Aim Higher Gala. Aim Higher raises funds for tuition assistance. We are honored to be invited and I can't wait to hear them sing!

Thanks for all you do to support the school and your children!

Jane Bona, Principal

Mission Statement

The School of the Immaculate Conception is a Catholic community ministering to the children within the parish and throughout the surrounding neighborhoods. In the name of Jesus Christ, we are dedicated to fostering academic excellence, spiritual growth, and a strong commitment to living Gospel values.

Breakfast with the Principal

*Why begin the October 7th
Marathon for Catholic Schools on
an empty stomach?*

Join Mrs. Bona and Father John Mitchell in the
school cafeteria for a specially prepared
warm breakfast at 8:00 am for
\$5.00 per person!

Then, be ready to walk or ride for
Catholic Education!

Mrs. Bona will cook (*maybe*) and serve (*absolutely!*).

This is part of the fundraising for the Marathon, thus
we will only order and make breakfast food for the
pre-paid orders we receive *by October 3rd*.

Thank you for your consideration!

Hot Lunch Order Form for October 2017

"This institution is an equal opportunity provider."

All orders are due by **8:00 a.m.** on

Monday, September 25th

- ✓ **Hot lunches need to be PRE-ORDERED in order to be served!**
- ✓ Parents **PLEASE** mark down the days your child(ren) will be having hot lunch. Each child will need their own order form.

We are in need of helpers every month!

Please consider volunteering. We need the help. Volunteers are asked to be at school by 11:15 a.m. to prepare for serving. Clean-up will take until about 12:30 p.m.

Please check only the dates that your child will be ordering hot lunch.

2 ___ 3 ___ 4 ___ 5 ___ 6 ___

9 ___ 10 ___ 11 ___ 12 ___ 13 ___

16 ___ 17 ___

23 ___ 24 ___ 25 ___ 26 ___ 27 ___

30 ___ 31 ___

_____ X \$3.00 = \$ _____

(# of orders)



You must pay for the meals you are ordering now or this form will be returned to you. The exact amount in the form of cash or a check (payable to ICS) must accompany each order when turned in.

Please check all the dates you could volunteer to help in the cafeteria during lunch time.

2 ___ 3 ___ 4 ___ 5 ___ 6 ___

9 ___ 10 ___ 11 ___ 12 ___ 13 ___

16 ___ 17 ___

23 ___ 24 ___ 25 ___ 26 ___ 27 ___

30 ___ 31 ___

Student's Name _____ Grade _____

Volunteer's Name _____ Phone # _____

K-8 OCTOBER LUNCH MENU

LANCER
DINING SERVICES
menu subject to change


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Sabino's Pizza Burger Italian Seasoned Beef on Garlic Toast Shredded Mozzarella Cheese Baby Carrots Hummus Craisins ALTERNATE: Italian Cold Cut Combo</p>	<p>BBQ Beef Meatballs Fresh Broccoli Potato Wedges & Ketchup Cornbread Fresh Grapes ALTERNATE: Chicken Cheddar Wrap</p>	<p>Creamy Chicken Alfredo Penne Pasta Romaine Salad & Italian Dressing Baby Carrots WG French Bread w/Butter Fresh Melon ALTERNATE: Roast Turkey And Cheese Sandwich</p>	<p>Beef Tacos Whole Grain Tortilla Cheddar Cheese, Shredded Romaine Lettuce Taco Sauce & Sour Cream Refried Beans Fresh Apple ALTERNATE: Turkey Club Sub</p>	<p>Teriyaki Chicken Silder Chicken Egg Roll Sweet & Sour Dip Crunchy Cauliflower Florets Chilled Pineapple ALTERNATE: Pizza OR Spiced Turkey & Cheese Ciabatta</p>
<p>Chicken Strips BBQ Dipping Sauce Green Beans Carrot Sticks Ranch Dressing Fresh Apple ALTERNATE: Spiced Turkey & Cheese Sub</p>	<p>Cheeseburger Hamburger Bun Fresh Zucchini Vegetarian Baked Beans Ranch Dressing & Ketchup Fresh Banana ALTERNATE: Chicken Caesar Wrap</p>	<p>Chicken Drumstick Loaded Mashed Potatoes Fresh Broccoli & Ranch Dressing Mandarin Oranges Whole Grain Cookie ALTERNATE: Turkey Club Sub</p>	<p>Popcorn Orange Chicken Vegetable Brown Fried Rice Kohlrabi and Grape Tomatoes Ranch Dressing Fresh Grapes ALTERNATE: Southwest Chicken Wrap</p>	<p>Walking Tacos Seasoned Beef, Nacho Tortilla Chips Shredded Cheddar Cheese Shredded Romaine Baby Carrots, Fresh Melon ALTERNATE: Pizza OR Spiced Turkey & Cheese Ciabatta</p>
<p>Crispy Chicken on a Bun Celery Smiles Steamed Corn Chilled Pears ALTERNATE: Italian Cold Cut Combo</p>	<p>Mini Turkey Corn Dogs Vegetarian Baked Beans Romaine Salad French Dressing, Ketchup Fresh Banana ALTERNATE: Chicken Cheddar Wrap</p>	<p>BBQ Beef Riblet Hoagie Roll Glazed Carrots Fresh Sugar Snap Peas Applesauce ALTERNATE: Roast Turkey And Cheese Sandwich</p>	<p>Sweet & Sour Chicken Meatballs Vegetable Brown Rice Fresh Broccoli & Ranch Dressing Grape Tomatoes & Ranch Dressing Fresh Melon ALTERNATE: Turkey Club Sub</p>	<p>Italian Meatsauce over Penne Pasta Mixed Green Salad Ranch Dressing Fresh Apple ALTERNATE: Pizza OR Spiced Turkey & Cheese Ciabatta</p>
<p>French Toast & Syrup Turkey Sausage Fresh Cucumbers Chilled Peaches Wango Mango Veggie Juice ALTERNATE: Turkey Ham & Cheese Sub</p>	<p>Chicken Tacos Whole Grain Tortilla Shredded Cheddar Cheese, Taco Sauce Chipotle Style Beans Shredded Romaine Fresh Banana ALTERNATE: Chicken Caesar Wrap</p>	<p>Meatball Hoagie Beef Meatballs in Marinara Sauce Hoagie Roll, Shredded Mozzarella Cheese Tater Tots & Ketchup Celery Smiles Fresh Apple ALTERNATE: Turkey Club Sub</p>	<p>Turkey Cheeseburger Hamburger Bun Shredded Lettuce Roasted Red Potatoes Ketchup Fresh Strawberries ALTERNATE: Southwest Chicken Wrap</p>	<p>Garlic Cheese Pizza Bread Marinara Sauce Kale & Romaine Salad & Italian Dressing Craisins ALTERNATE: Pizza OR Spiced Turkey & Cheese Ciabatta</p>
<p>Beef Hot Dog on a Bun Ketchup Jicama Sticks & Ranch Dressing Vegetarian Baked Beans Chilled Mixed Fruit ALTERNATE: Italian Cold Cut Combo</p>	<p>Chicken & Gravy Creamy Mashed Potatoes Bread & Butter Zucchini Coins, Ranch Dressing Fresh Banana Giant Graham Cracker ALTERNATE: Chicken Cheddar Wrap</p>	<p>FRESH HEAVENITE </p>	<p>LETTUCES Leafy greens such as romaine lettuce are especially rich in Vitamin K, which helps build strong bones. The darker the color, the more nutrients your crisp and crunchy side may provide. Lettuce is known to have been cultivated in Ancient Egypt—over 6000 years ago!</p>	<p>Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned), 100% whole grains and a variety of lean meats using heart healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.</p>

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

*This institution is an equal opportunity provider.

*IMMACULATE CONCEPTION SCHOOL
GRANDPARENT'S DAY CELEBRATION
THURSDAY, OCTOBER 5, 2017*

Special Events

Fun and Fellowship with your ICS student(s)

All-School Bingo

Refreshments with your ICS student(s)

All-School Mass

Who: Grandparents / Grand friends of ICS students. Each child is encouraged to have someone present – i.e. grandparent, aunt, uncle, neighbor, family friend, godparent, etc.

What: A celebration of Grandparents / Grand friends in the lives of our ICS students.

When: Thursday, October 5, 2017 from 12:30 pm – 2:30 pm

It begins at 12:30 pm – Refreshments with your ICS students(s)

12:45 pm - Bingo

1:20 pm - Proceed to church for 1:30 Mass

1:30 pm - Mass

2:15-2:30 pm - Dismissal/Departure of grandparents and friends from Church

3:00 pm - Regular student dismissal

Where: Student Council and teachers will direct Grandparents/friends where to meet their ICS student(s). We ask that Grandparents/friends do not arrive before 12:20 pm.

At church, Grandparents/friends are encouraged to sit with the children they are visiting. All children from one family may sit together for this Mass. Faculty will assist you in finding a seat in Church.

Return this bottom half for reservation

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Celebration Day of Grandparents / Grand friends

Please RSVP to ICS by Mon., Oct. 3rd so we can get an accurate count for refreshments. Thank you!

Name of student	Gr	Rm #	Name of Guest(s)	1*	2*	3*

*** Use the list below to check off boxes 1, 2 or 3**


1. I will attend and enjoy refreshments and bingo in the classroom, 12:30 - 1:15 pm.
2. I will be attending Mass with my ICS child, 1:30 pm
3. I cannot attend. Please find someone to "Adopt my child" for the day.

IMMACULATE CONCEPTION CATHOLIC SCHOOL

4030 Jackson St NE, Columbia Heights, MN 55421

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God our Father, each day we have many choices. Help us to know what serves you, and give us the courage to do what is right. We know that you love and care for us, and we seek to serve you in return. We ask this in the name of Jesus Christ. Amen.

October 2017										
◀ September						November ▶				
Sun	Mon	Tue	Wed	Thu	Fri	Sat				
1	Band - Morning Only 4:00 pm - C Squad Volleyball - Away 4:45 pm - A Squad Volleyball - Away 5:50 pm - A Squad Soccer - Away	2	3	12:45 pm - Crestview Grade 3 4:00 pm - C Squad Volleyball - Away 4:45 pm - A Squad Volleyball - Away	1 st QTR. INTERIM Band - Morning Only 12:30 pm Arrival time for GRANDPARENT'S DAY with Mass @ 1:30 pm 6:00 pm - 1-2 gr (A) Soccer - Huset Pk 6:00 pm - 3-4 Grades Soccer - Huset Pk	6 PARENT DRIVE DAY NWEA Testing Ends 3:30 pm - C Squad Soccer - Huset Pk	7 MARATHON DAY ??? time - A Squad Soccer - Away 12:00 noon - 1-2 gr (B) Soccer - Huset Pk 12:00 noon - 3-4 Grades Soccer - Huset Pk 2:00 pm - 5-7 Grades Soccer - Huset Pk 6:00 pm - Oktoberfest			
8	4:30 pm - C Squad Volleyball - Away 5:15 pm - A Squad Volleyball - Away Columbus Day	9	6:00 pm - 1-2 gr (A) Soccer - Huset Pk 6:00 pm - 3-4 Grades Soccer - Huset Pk 6:00 pm School Advisory Council	10	12:45 pm - Crestview Grade 6	11 8:30 am Mass Band 4:30 pm - C Squad Volleyball - Away 5:15 pm - A Squad Volleyball - Away 6:00 pm - 1-2 gr (B) Soccer - Huset Pk 6:00 pm - 3-4 Grades Soccer - Huset Pk	12 I.C.S. Teresa Daley Tournament - A & C Squad Volleyball - Home 8:00 am - A Squad Soccer - Away 11:00 am - 3-4 Grades Soccer - Huset Pk 12:00 noon - 1-2 gr (A) Soccer - Huset Pk 1:00 pm - 5-7 Grades Soccer - Huset Pk			
I.C.S. Teresa Daley Tournament - A & C Squad Volleyball - Home 1:00 pm - C Squad Soccer - Huset Pk	15 1:00 pm - Library Grade 1 4:30 pm - C Squad Volleyball - Away 5:15 pm - A Squad Volleyball - Away	16	17	18	19	20	21			
22	NOV. HOT LUNCH Orders Due in AM	23	24	Last day to turn-in Marathon Pledge \$\$\$ 12:45 pm - Crestview Grade 2	16 NO SCHOOL Teacher's In-Service	17 NO SCHOOL Teacher MEA	18 NO SCHOOL Teacher's MEA			
29	30	31	 Happy Halloween				25	26 8:30 am Mass Band Library Bulk Pick-up	27 Marathon T-shirt Day 10:30 am - Library Grades 2 & 4 1:45 pm - Library Grades Kinder & 3	28

Reading Connection

Tips for Reading Success

Beginning Edition

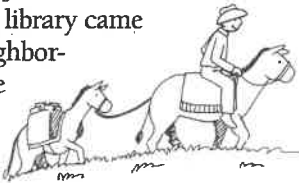
Book Picks



Read-aloud favorites

■ *Biblioburro: A True Story from Colombia* (Jeanette Winter)

What if the library came to your neighborhood on the back of a donkey?



This is the true story of a Colombian school-teacher's traveling library, that brought books to children in remote villages. (Also available in Spanish.)

■ *Dragons Love Tacos* (Adam Rubin)

When a little boy discovers that dragons like to eat tacos, he decides to host a taco party for them. But if a fire-breathing dragon accidentally gets a bite of spicy salsa, look out! A silly story about a dragon party that turns into a disaster.



■ *Just a Second* (Steve Jenkins)

In just a single second, a bumblebee flaps its wings 100 times and the earth travels 18½ miles. This nonfiction book will help your child think about time in fascinating ways. She'll also discover different methods of measuring time.

■ *Bedtime Is Canceled* (Cece Meng)
Maggie and her brother write their parents an official-looking note: "Bedtime is canceled." Somehow, the note blows out the window, lands in a newspaper office, and ends up in a headline. Soon, bedtime really is canceled, and exhausted children quickly discover the importance of sleep.

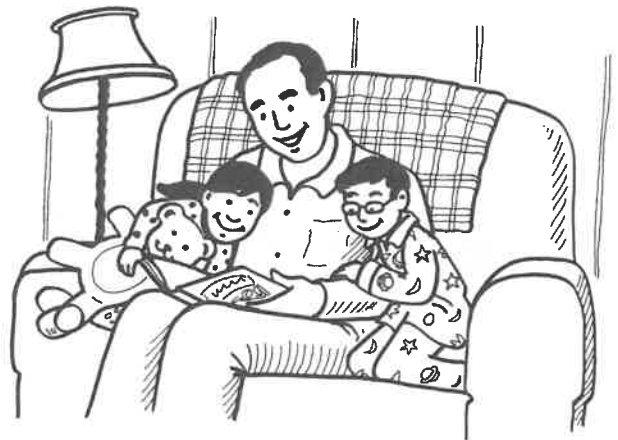


Time for a story

Want to spend time with your youngster, build her reading skills, and help her learn to love books? You can do all three when you read aloud. Here are suggestions.

Read regularly

Try to read to your child every day. You might aim for 10–15 minutes of bedtime reading for a peaceful end to the day. Bring along a book, and read to her during a sibling's sports practice. Or curl up together with a book when you get home from work.



Take turns choosing books

Your youngster may want to hear old favorites again and again. Use your turn for new titles and variety (nonfiction, poetry).

Let her participate

Ask your child to turn the pages while you read. Also, she can finish sentences that rhyme or fill in words she knows. Go slowly so she has time to understand

the story and look at the illustrations. She'll enjoy read-aloud time more if she plays an active role.

Be playful

You can use different voices for different characters (a high, squeaky voice for a mouse or a deep, booming voice for a horse). Or substitute your youngster's name for the main character's name, and use family members' names for other characters.

Note: You don't have to be an expert reader—your child will love it when you read aloud because it's *you*.♥

Writing that makes sense

As your child first learns to write, his stories may not always make sense to others. Help his writing flow logically with these two ideas.

1. Even if your youngster isn't writing sentences yet, he can tell you stories. As he describes the new class pet or something funny that happened at lunch, you can jot down his tale.

He'll practice relating events in a logical order, and that can help when he puts his thoughts and ideas down on paper himself.

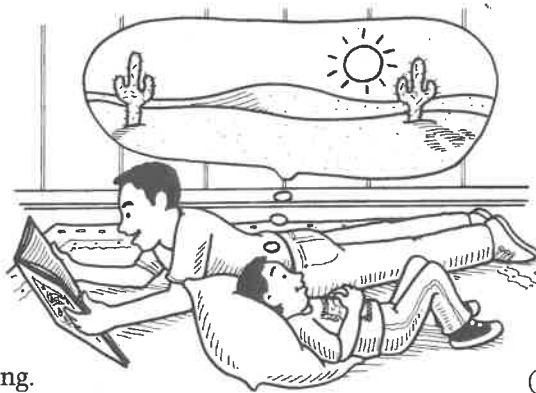
2. Let your child read his stories to you. Ask questions to encourage him to add information ("What did you do with your friends at recess?") or to clear up a confusing part ("Who said, 'Let's go home'—you or your brother?").♥



Read between the lines

Learning to infer, or “read between the lines,” is one key to good reading comprehension. Consider these tips for helping your youngster make inferences.

Describe the setting. Pick a book, and read a few sentences to your child (without him looking). Leave out words that name the setting. *Example:* “Sand stretched in all directions...cacti dotted the landscape.” Can he infer where the story is set? If he isn’t sure, give him a hint. (“Where do you see lots of sand and cacti?”)



Look for lessons. Fables are great for reading between the lines. Read one by Aesop, and help your youngster figure out the lesson. For instance, *The Tortoise and the Hare* teaches that even if you’re slow, you can win if you just keep going. Have your child point out parts that he used to make his inference. (“The tortoise never stopped, and he took one good step after another.”)

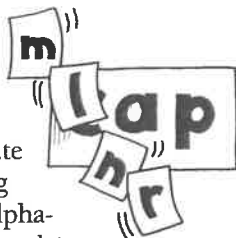
Use prompts. Questions that start with “Why do you think...?” or “How do you know...?” can encourage your youngster to infer. You might ask why he thinks a character behaved the way he did or how he knows it’s going to snow. Together, look for clues in the book that may help him answer the questions.♥

Fun with Words

Wordplay

Use these activities to build your child’s phonemic awareness—her ability to hear sounds in words:

- Choose a three-letter word, such as *cap*. Have your youngster substitute different beginning sounds from the alphabet to make new words (*lap, map, nap, rap, sap, tap, zap*). How many can she think of?



- Pick a long word, and tell her to clap once as she says each syllable. For *mozzarella*, she would clap four times: *moz-za-rel-la*.

- Ask your child to say a word without the first sound. *Example:* “Can you say *sit* without the *s*?” (*Answer: It*)

- Think of a word, and give your youngster a “sound” clue to figure it out. For instance, “I’m thinking of a word for something that you chew but don’t swallow. The word has an *uh* sound in the middle.” (*Answer: Gum*)♥

OUR PURPOSE

To provide busy parents with practical ways to promote their children’s reading, writing, and language skills.

Resources for Educators,

a division of CCH Incorporated

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Parent to Parent

Build, read, and write!

My son James loves to play with blocks. At our parent-teacher conference last month, his teacher suggested that we use blocks to fit in extra reading and writing practice.

We found books about things he could make, such as castles, skyscrapers, and monuments, and I put them with his blocks for inspiration. At first, I thought he’d just look at the pictures, but he has started pointing

out facts that he reads, like how moats kept enemies away from castles. I also encouraged James to write signs to go with his buildings. When he made an airport, for example, he wrote “Tickets,” “Bags,” and “Taxi” on slips of paper and taped them to the blocks.

I’ve noticed that James’s buildings are more creative—and I’m happy that he’s reading and writing while he plays.♥

